

April

2023



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
03 Cereal Orange Milk ^{1*}	04 Hard Boiled Eggs ² Whole grain waffle ¹²³⁶ Banana Milk ^{1*}	05 Whole Wheat Pita Bread ³⁶ Provolone Cheese ¹ Melon Milk ^{1*}	06 Oatmeal ¹ Raisins Pineapple Milk ^{1*}	07 Cereal Melon Milk ^{1*}
10 Cereal Orange Milk ^{1*}	11 Turkey Sausage Patty Pancake ¹²³⁶ Melon Milk ^{1*}	12 Yogurt ¹ Banana Milk ^{1*}	13 Oatmeal ¹ Raisins Pineapple Milk ^{1*}	14 Cereal Melon Milk ^{1*}
17 CLOSED	18 Cereal Banana Milk ^{1*}	19 Hard Boiled Eggs ² Whole wheat bread ³⁶ Melon Milk ^{1*}	20 Whole Wheat Pita Bread ³⁶ Cream Cheese ¹ Pineapple Milk ^{1*}	21 Oatmeal ¹ Raisins Melon Milk ^{1*}
24 Cereal Orange Milk ^{1*}	25 Turkey Sausage Patty Pancake ¹²³⁶ Banana Milk ^{1*}	26 Yogurt ¹ Pineapple Milk ^{1*}	27 Oatmeal ¹ Raisins Melon Milk ^{1*}	28 Cereal Melon Milk ^{1*}

Notes: This menu is subject to change

Green: Local Products

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷ Lentils

*Milk: 1 yr-old children (Unflavored Whole Milk)
2-5 yrs-old (Unflavored 1% Milk)

This institution is an equal opportunity provider


Breakfast

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Monday	Tuesday	Wednesday	Thursday	Friday
03 Lentils w/ carrots & spinach ⁷ Brown rice Apple Milk* ¹	04 Baked Penne Pasta w/ beef, cheese & tomatoes ¹³ Green Salad Melon Milk* ¹	05 Chicken Legs ⁶ Peas & Carrots Whole Wheat Roll ³⁶ Pineapple Milk* ¹	06 Garbanzo Fried Rice w/ peas & carrots ⁵⁶ Cucumbers Melon Milk* ¹	07 Chicken Pesto Pasta w/ tomatoes, cheese & spinach ¹³ Green Salad Orange Milk* ¹
10 Black Beans ⁵ Green Salad Arroz integral Apple Milk* ¹	11 Beef Fried Rice w/ peas & carrots ⁶ Cucumbers Orange Milk* ¹	12 Chicken Legs ⁶ Green beans Whole Wheat Roll ³⁶ Melon Milk* ¹	13 Lentils w/ carrots & spinach ⁷ Brown rice Pineapple Milk* ¹	14 Beef & corn tacos Lettuce & cheese ¹ WW Tortilla ³⁶ Strawberries Milk* ¹
17 CLOSED	18 Vegetarian Chili w/ tomatoes & corn ⁵ Brown rice Apple Milk* ¹	19 Chicken Legs ⁶ Broccoli Whole Wheat Roll ³⁶ Pineapple Milk* ¹	20 Beef Stir Fry w/ green beans ⁶ Barley & Quinoa ³ Melon Milk* ¹	21 Chicken Chow mein w/ vegetabes ³⁶ WW pasta ³ Fresas Leche * ¹
24 Lentils w/ carrots & spinach ⁷ Brown rice Apple Milk* ¹	25 Chicken Paella w/ green beans & peppers Green Salad Pineapple Milk* ¹	26 Beef & corn tacos Lettuce & cheese ¹ WW Tortilla ³⁶ Strawberries Leche * ¹	27 Earth Day 	28 Beef Bolognese WW pasta ³ Orange Milk* ¹

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Lunch

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Monday	Tuesday	Wednesday	Thursday	Friday
03	04	05	06	07
Pretzels ³⁶ Orange	Yogurt ¹ Melon	Apple Muffin ¹²³⁶ Pineapple	WG Cheez it crackers ¹³⁶ Strawberries	String Cheese ¹ Banana
10	11	12	13	14
String Cheese ¹ Banana	WW Animal Crackers ³⁶ Pineapple	WG Goldfish ¹³ Melon	Apple Muffin ¹²³⁶ Orange	Pretzels ³⁶ Melon
17	18	19	20	21
CLOSED	Yogurt ¹ Banana	String Cheese ¹ Orange	WW Animal Crackers ³⁶ Melon	WG Goldfish ¹³ Strawberries
24	25	26	27	28
String Cheese ¹ Banana	WG Goldfish ¹³ Orange	WG Cheez it crackers ¹³⁶ Strawberries	WW Animal Crackers ³⁶ Pineapple	Apple Muffin ¹²³⁶ Melon

Notes: This menu is subject to change

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Snack